Dear Parents and Caregivers,

Visible Learning – Building the capacity of learners to learn

Much of the Visible Learning philosophy is based on the research of Carol S. Dweck’s work about Fixed and Growth Mindsets.

Pupils with a growth mindset:
- Believe that talents can be developed and great abilities can be built over time
- View mistakes as an opportunity to develop
- Are resilient
- Believe that effort creates success
- Think about how they learn

Pupils with a fixed mindset:
- Believe that talent alone creates success
- Are reluctant to take on challenges
- Prefer to stay in their comfort zone
- Are fearful of making mistakes
- Think it is important to ‘look smart’ in front of others
- Believe that talents and abilities are set in stone, you either have them or you don’t.

How to praise the right way

One key to coaching mindset beliefs in children lies in how parents and teachers praise and motivate children. “Many of the things we do to motivate our kids are sapping their desire to learn,” says Dweck.

It was once thought telling children how smart they are would give them confidence in their abilities, the desire to learn, and the hardiness to withstand difficulty. “The self-esteem movement got it wrong. Praising children’s intelligence may boost their confidence for a brief moment, but by fostering the fixed view of intelligence, it makes them afraid of challenges, it makes them lose confidence when tasks become hard, and it leads to plummeting performance in the face of difficulty,” explains Dweck.

Research shows that praising the process - children’s effort or strategies - creates eagerness for challenges, persistence in the face of difficulty, and enhanced performance. “What we’ve found in study after study is that ability-praise backfires. Emphasising effort gives a child a variable that they can control. They come to see themselves as in control of their success,” Dweck explains, “Emphasising natural intelligence takes it out of the child’s control, and it provides no good recipe for responding to a failure.”

Carol Dweck’s tips for promoting a growth mindset in kids:
- Help children understand that the brain works like a muscle, that can only grow through hard work, determination, and lots and lots of practice.
- Don’t tell students they are smart, gifted, or talented, since this implies that they were born with the knowledge, and does not encourage effort and growth.
- Let children know when they demonstrate a growth mindset.
- Praise the process. It’s effort, hard work, and practice that allow children to achieve their true potential.
- Don’t praise the results. Test scores and rigid ways of measuring learning and knowledge limit the growth that would otherwise be tapped.
- Embrace failures and missteps. Children sometimes learn the most when they fail. Let them know that mistakes are a big part of the learning process. There is nothing like the feeling of struggling through a very difficult problem, only to finally break through and solve it! The harder the problem, the more satisfying it is to find the solution.
- Encourage participation and collaborative group learning. Children learn best when they are immersed in a topic and allowed to discuss and advance with their peers.
- Encourage competency-based learning. Get kids excited about subject matter by explaining why it is important and how it will help them in the future. The goal should never be to get the ‘correct’ answer, but to understand the topic at a fundamental, deep level, and want to learn more.

Friendly Reminder Lake Ainsworth

The third payment for Lake Ainsworth is now overdue. Could you please make any outstanding payments. Thank you to everyone who has already paid.
Buddy Bench
On Wednesday, we were lucky enough to receive a "Buddy Bench" complete with paint thanks to 2CS FM and Bunnings Warehouse. This bench will encourage inclusion and foster friendship in the playground. The "Buddy Bench Design Competition" will also be run soon, with the winning student's class being lucky enough to paint the winning design on the bench.

Golf

Fathers Day
Don’t forget your $5.00 this Thursday 3rd September to spoil your Dad with a special gift. Wrapped and ready to give Dad, Pop or that special someone. Children will have the opportunity to purchase extra gifts once all classes have visited the stall.

Monster Fathers Day Raffle
We have already raised over $3539.00. Please return all raffle tickets and money Monday sold or unsold. The Raffle will be drawn during assembly on Friday 4th September 2015.

ICAS Results
ICAS Results for the University of NSW Spelling Test. Congratulations to all of our students in years 3-6 who completed the Spelling Test.
Year 3: Maddie Hatfield - Credit
        Sam Watson - Credit
        Aaron Howton - Credit
Year 4: Kane Perrie - Credit
        Angus Nicol - Merit
Year 5: Yasmin Chong - Credit
Year 6: Myah Harrison - Merit
Well done to these students! They will be presented with their certificates at next weeks assembly.

3/4B Snow Peas
This is the amazing result we got from our recent harvest of delicious fresh snow peas. We loved eating and sharing them with the rest of the school.
Montana Anderson

Jump Rope for Heart
All sponsorship forms will need to be completed by Friday 4th September. Jump off day will be held Thursday 10th September. Jump Rope for Heart is going amazingly well with $4173.08 raised already. The preferred method of payment for Jump Rope for Heart is online but we will accept cash payments at the school office.

Responsible Pet Owners
Today Kindergarten and K/1F had a visit from “Responsible Pet Owners”. Gina brought her dog Gypsy in to meet us. We learnt about how to be safe around dogs. Pictured is Perri with Gypsy and Gina.

Sick Children
With the flu season upon us and although attendance at school is a priority, if your child has a sudden onset of a fever, runny nose, sore throat, cough, muscle aches and headaches please keep them home until they are well. Any child with a temperature should be kept at home until their temperature returns to normal.
Fete Preparation 17th September 2015

Tokens
The Token Sheet order form for the Mini Fete was sent home today. Sheets are $12.00 each (Amounts less or more than $12.00 can be purchased). Fete tokens will be distributed to all classes Thursday morning of the Fete.

Sample Bags
Order forms for Sample Bags went home this week. Please put your order form and payment in no later than Thursday, 10th September.

Jaffa Smash Stall
Who doesn’t love that feeling of triumph when smashing a tiny orange chocolate ball at the Jaffa Smash Stall...!!! To help us run this popular fete stall, donations of Jaffa packs are desperately needed. If you can donate just one pack it would be very much appreciated. Please send all donations to the Office. Thanks

Trash n Treasure
Now is the time to have a clean out. Please start bringing in your treasures for our fete. Toys, books, jewellery, and household items sell well.

Plants Stall
Please be on the look out for plants that can be potted for the plants stall at this year’s Fete.

Chocolate Coin Toss
Any chocolate donations would be greatly appreciated. Please bring to the school office.

Swimming Reminder
This program starts on the first day of Term 4. It is essential that all permission notes and payments are completed by the end of Term 3. Thankyou to all who have paid already.
Cost: Kinder to Year 4 - $30.00  
Year 5 & 6 - $40.00

Important Dates
31.08.15  Year 3 & 4 Lifeguard talk
03.09.15  P&C Fathers Day Presents $5.00 each
04.09.15  Assembly 1.00pm Early Stage 1
07.09.15  Golf Championships
08.09.15  2016 Kinder Expo 10.00 - 11.00am
14.09.15  Public Speaking
17.09.15  Mini Fete
18.09.15  Final Day for Swimming Payment
18.09.15  Last Day of Term 3

Tissues
Due to the cold and flu season we are going through hundreds of tissues at the school. Could you please assist us by sending a box of tissues with your child to school. Thank you.

Bingo Roster
Tuesday evening at 7.00pm eyes down at the Coffs Ex Services Club. Come along and support your school.  
Tuesday 1st September - Team 3
Kate Kelly, Leanne Kranik & Sarah Floyd

“Eat Fresh and Win”
It’s that time of the year again when the canteen will be promoting fresh fruit and vegetables.

What is the “Eat Fresh and Win” Campaign?
1. Every time you purchase fruit and vegetables you will receive an “Eat Fresh and Win” sticker card.
2. The sticker card has one token sticker which must be stuck on the entry form.
3. To be eligible for a minor prize, students must make two separate transactions to complete the entry form.
4. Once the entry form has been completed, it must be returned to the canteen where they will receive a minor prize.
5. To be eligible for a Major prize the canteen manager will send all completed entry forms to the Sydney markets.

Major Prizes
First Prize: Home Entertainment pack including 32” LED LCD TV and a 3D Blue-Ray Player.
3xSecond Prizes: iPad mini 16GB with Wi-Fi
10x Third Prizes: Fresh for kids gift pack including a backpack, lunch box cooler and drink bottle.
20 Fourth Prizes: Event Cinemas gift card.

It’s so important that children eat more fruit and vegetables. The “Eat Fresh and Win” Campaign is a great incentive for fussy eaters to try something new and be rewarded.
So... come down to the canteen over the next few weeks and enjoy trying some fresh fruit and vegetables such as: smoothies, fruit cups, veggie sticks and dip, fruit muffins and assorted icy treats.

Canteen Roster
Wed 2 Sep  Leanne Kranik & Kathryn White
Thurs 3 Sep  Bec Ellem & Jo Dunstan 10am
Fri 4 Sep  Susan Dean Hickey, Karina Ryan & Donna Nash
Canteen “Eat Fresh and Win”